

Introducing our..
INCLUSIONS
UNIT

at the Hive

**Beginning SOON!** 

## Offering:

Bespoke small group & 1-on-1 sessions in:

- Play Therapy
- Movement Therapy
- Sensory Therapy







## INCLUSIONS

## The What?

### Play Therapy

a therapeutic approach where children express their thoughts and emotions through play, facilitated by a trained therapist. It utilizes toys, games, and activities to help children communicate, explore feelings, and resolve psychological difficulties in a safe and supportive environment.

### **Movement Therapy**

a form of psychotherapy that utilizes physical movement and expression to promote emotional, cognitive, and social integration. Through dance, exercise, and other movement-based activities, individuals explore and process their emotions, memories, and interpersonal dynamics.

### Sensory Therapy

encompasses treatments designed to engage and regulate the senses, enhancing emotional well-being, cognition, and behavior. Through activities that target touch, sight, smell, and sound, individuals can better process sensory input, aiding in their overall sensory integration.





### **Benefits:**

- Improved communication skills
- Improved ability to manage and process
- Improved processing and regulation of senses
- Proven resolution for physcological difficulties.



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## The Why?

Post-COVID 19 we have noticed an increase in children being diagnosed with developmental, social and processing delays/disorders. This has been accredited to the lack of social interaction during the pandemic and the dependence on electronic devices. It is imperative that we support our students in our community who fall within this bracket, and give them the tools they require to effectively communicate. It is also extremely important to move toward a more understanding and accepting community. With children on a typical development timeline understanding that not all of their friends/peers are the same, it will create a supportive and inclusive society moving forward; a society free from stigma and barriers.

Our inclusions unit will not only be for these students; however, it will also provide assistance for students who have suffered trauma, loss, negative experiences and who may have trouble regulating their emotions, to name a few.



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## The Who?

Our inclusions unit will be facilitated by
Auntie Kasia. A highly trained and
experienced therapist. Auntie Kasia has been
working in this field for the past 16 years
across Europe & the UK. She already joins all
our students on a weekly basis facilitating
creative play sessions as part of our unique
curriculum through her own label, Able Arts.

Auntie Kasia will work closely with our teachers, formulating small group/individual sessions that intertwine with our curriculum and supplement your child's learning. Our teachers will play an integral role in advising and continuing the methods used in sessions within the classroom.





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### The When?

Our sessions, both small group and one on one will be scheduled into our school day and form part of your child's regular routine. Depending on the child's needs we will recommend a course of sessions that we would deem best for your child.









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### The Where?

Our Inclusions unit is located at The Beehive, on All Saints Road, in an open area toward the back of the Hive. The room contains special resources and has been designed specifically for the purpose of these sessions. The sessions will not only be limited to indoors, and may also extend to outdoors exploring nature (weather dependent)







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### The How?

All of our students will have equal access and opportunity to the therapy inclusions unit. The following steps would be taken to develop a plan.

#### **BEEHIVE STUDENTS**

- 1. Parents can inquire about the programme & we will discuss if joining would be beneficial for your child.
- 2. An assessment would be done and recommendations for sessions made
- 3. Auntie Kasia & the teacher will meet and create a plan for your child
- 4. Sessions commence

\*\*If there is a significant event/change that occurs in your child's life that you think they may benefit from short term sessions, please do ask. Our children are our future, and we MUST give them ALL the support they require to succeed \*\*

NONBEEHIVE: Please send an email.



### Frequently Asked Questions

## INCLUSIONS

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# What does it mean to be 'inclusive'?

To be inclusive means to not discriminate against gender, race, religion, need, ability or background. It means to open doors to all children.

What percentage of students can benefit from the inclusions programme?

ALL of our students could benefit from the program at different points. Currently 1/6 of our student population has a diagnosis of developmental delay. However, our offerings are also going to help students who may experience anxiety, go through trauma, and many more!

# Who will facilitate this?

Auntie Kasia, a trained and highly experienced therapist will plan alongisde our team, a bespoke programme that enhances our childrens learning experience.

### Does being 'inclusive' mean you mainly cater to those with additional needs?

No. Inclusivity has benefits for all individuals. It allows individuals with additional needs to feel accepted, part of a community and thrive in a social environment. It allows individuals with typical development to be open minded that not everyone is the same, find ways to communicate and socialise on multiple levels and grow up in an understanding environment. It breaks the stigma and overrides stereotypes.